

Have You Heard?

THERE'S A GROUP FOR US,
BY US

HEARING VOICES NETWORK

self-help and group
support for people who
hear voices or have
beliefs others don't share

3rd TUESDAYS, 4-5 pm
Ann Arbor Friends
Meetinghouse
1420 Hill St.
Ann Arbor, MI

FOR MORE INFORMATION, EMAIL:
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Hearing Voices Network is a self-run (peer-run) international organization with a 30 year history of helping people cope with and recover from unusual mental states. Find acceptance, welcome, and support at #VN.

BE YOURSELF
EVERYBODY
ELSE IS TAKEN

HEARING VOICES
NETWORK
USA



intervoice

The international community for hearing voices

embrace $\mu\alpha\sigma\mu$ diversity
portlandhearingvoices.net